

Girls Empowered™

- Programs for Troops
- Neighborhood Events
- Parent/Daughter and Leader/Daughter workshops

Topics include:

- Dealing with Unfriendly Friends
- Bullying
- Conflict & Problem Solving
- Confidence & Self-esteem
- Assertiveness
- Self-defense

Early Bird Special

Book workshops for 2011/12 school year by Oct. 21, 2011 & receive a 15% discount

Locations at your school or The Kids Empowered Coaching and Counseling Center in Birmingham

For a list of workshops & Girls Nite Out events visit www.girlsempowered.com or call **248-757-0912**



Stop the Meanness,
Spread the Kindness

