



**2008 PROGRAMS FOR SCOUTS
BY GIRLS EMPOWERED**
www.girlsempowered.com
248-593-9911

Girls Nite Out for Scouts- Fabulous Friendships!

This nite is about learning friendship skills and being the girl you want to be with confidence and pride!
Craft and patch included. Wear tennis shoes, bring a snack and water bottle. \$25

Time: 6:00-9:00

Date: Friday, October 3, 2008 To register:

Location: Wiley Elementary 47240 Shelby Rd. Utica, MI 48317 To register: 586-797-6900

5142A Daisies: Stop, Think, and Go and Hip Hop Girls will learn what how to help themselves make good decisions in how they treat their friends and peers with kindness, respect, and friendliness.

5142B Brownies The Making and Keeping of Friendships and Yoga

This workshop is for the girl who might be a little on the shy side, quiet, or lacks confidence in friendships. They will learn friendship social skills.

5142C Brownies Friend or Foe and Hip Hop This workshop will teach the do's and don'ts of being a good friend.

5142D Jr. Girl Scout Assertiveness and Yoga

This workshop is for all girls to learn the positive skills of assertiveness in a friendship- it is for the girl who is a follower, people pleaser, and lets others make decisions for her or for the girl who is bossy or who needs to learn to think about how others feel when she makes decisions. She will learn assertive body language, voice and words to speak up and make her own decisions and opinions.

No Thank-You: A Graceful Approach to Assertiveness

Girls will learn and practice being assertive in their words, voice, and body language. They will learn to be taken seriously, set boundaries & handle conflict. This fun night will help all girls including girls who may be too aggressive to help girls who feel they have no voice find one. Includes craft. Patch included in fee. Bring snack, water bottle and wear tennis shoes.

Date: Friday, November 7, 2008 Time: 6:00-9:00 pm

Location: Troy Community Center 3179 Livernois Troy, MI 48083 To register 248 526 3484

142500A Daisies: Hip Hop and Finding my voice

Girls will have fun learn about using their voice through a Dr. Seuss book and craft.

142500B Brownies 1 6-7yrs: "I'm Nice" and Hip Hop

Girls will learn how they can still be nice and friendly while being assertive. Craft included.

142500C Brownies 2 8 yrs +: Boundaries and Yoga

This workshop uses a sports theme to teach girls the "Do's and Don'ts" of how to treat other kids- their friends, classmates, and siblings and help them make decisions about how they will and will not let other kids treat them. Teasing, taunting, put-downs, and harassment are covered.

142500D Jr. GS: Boundaries and Yoga